

RUN4IT North District Cross Country League 2016-2017

	<u>Host</u>	<u>Age Group</u>	<u>Date</u>	<u>Location</u>	
	RCAC	Senior Women	21/01/2017	Evanton	
Posn	No.	Name	Club	Time	Points
1	136	Moira Davie	FH	42.10	100
2	416	Sarah Liebnitz	IH	42.32	99
3	247	Diana Macdonald	HHR	42.38	98
4	150	Kirstie Rogan	FH	42.43	97
5	1032	Jessica Tullie	FH	44.04	96
6	246	Karen Lyons	HHR	45.07	95
7	138	Siobhan Evans	FH	46.38	94
8	419	Catriona Fraser	IH	47.02	93
9	135	Hilary Cameron	FH	47.24	92
10	154	Carrie-Ann Ward	FH	48.04	91
11	144	Susan McRitchie	FH	50.06	90
12	552	Lisa Morrison	K&D	52.12	89
13	158	Becky Rank	FH	52.28	88
14	424	Jodie Sharpe	IH	52.23	87
15	46	Lillian Macrae	ESAC	53.31	86
16	155	Elizabeth Watson	FH	53.31	85
17	133	Paula Boon	FH	54.11	84
18	423	Heather Gardiner	IH	54.43	83
19	429	Ann Smart	IH	54.45	82
20	551	Eleanor Munro	K&D	55.09	81
21	157	Ros Wright	FH	56.02	80
22	696	Karen Norvell	MRR	56.26	79
23	148	Jackie Nicol	FH	56.39	78
24	702	Amanda Strang	MRR	56.57	77
25	147	Clare Nicholas	FH	58.12	76
26	693	Maria McCloud Bennett	MRR	58.52	75
27	553	Kim Patterson	K&D	58.58	74
28	75	Amanda Wagstaffe	ESAC	59.53	73
29	47	Tracy Murray	ESAC	60.40	72
30	884	Jo Ellen	RCAC	61.06	71
31	908	Linda Fraser	RCAC	61.43	70
32	425	Joanna Cairns	IH	62.48	69

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	RCAC	Senior Women	22/01/2017	Evanton	
Posn	No.	Name	Club	Time	Points
33	156	Nadine Williams	FH	63.27	68
34	771	Mel Hayes	NHH	68.45	67
35	153	Shona Spencer	FH	74.48	66
	Teams	Team Name	Individual Points	Total	
	1	FH	100,97,96	293	
	2	IH	99,93,87	279	
	3	K&D	89,81,74	244	
	4=	MRR	79,77,75	231	
	4=	ESAC	86,73,72	231	
	6	HHR	98,95	193	
	7	RCAC	71,70	141	
	8	NHH	67	67	